



Attention
 ***To attend **Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes** **MUST** be pregnant. To attend **Breastfeeding** class, **YOU** must be breastfeeding or interested.
~NO EXCEPTIONS~

MON	Tuesday	WED	Thursday
	 <p style="text-align: center;">Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p> 	<p style="text-align: center;">1. OPEN 9:30 – 4:30</p> 	<p style="text-align: center;">2.</p> <p>11:00 Comfort Measures ~4~ Labor: Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding: Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Life Skills: “Silent Words” - Mr. David (5 Merits)</p> 
<p style="text-align: center;">6. OPEN 9:30 – 4:30</p>	<p>12:00 Pregnancy 101: “Bonding with Your Unborn” -Ms. Crystal (4 Merits)</p> <p>1:10 Parenting Life Skills Video: “Dunstan Baby Language 1” - Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting: “The Importance of Words” - Ms. Jesikah (4 Merits)</p>	<p style="text-align: center;">7.</p> <p style="text-align: center;">8. OPEN 9:30 – 4:30</p> 	<p style="text-align: center;">9.</p> <p>11:00 Comfort Measures ~4~ Labor: Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding: Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Life Skills: “No Words” - Mr. David (5 Merits)</p>
<p style="text-align: center;">13. OPEN 9:30 – 4:30</p> 	<p>12:00 Pregnancy 101: “The Final Stretch” -Ms. Crystal (4 Merits)</p> <p>1:10 Parenting Life Skills Video: “Dunstan Baby Language 2” - Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting: “Time with Toddler” - Ms. Katherine (4)</p>	<p style="text-align: center;">14.</p> 	<p style="text-align: center;">16.</p> <p>11:00 Comfort Measures ~4~ Labor: Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding: Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Life Skills: “Magic Words” - Mr. David (5 Merits)</p> <p style="text-align: right;">Eggs, eggs, eggs!</p> 
<p style="text-align: center;">20. OPEN 9:30 – 4:30</p> <p>Eggs, eggs, eggs!</p>	<p>12:00 Pregnancy 101: “Big Belly Mommy Hacks” 21. -Ms. Crystal (4 Merits)</p> <p>1:10 Parenting Life Skills Video: “Dunstan Baby Language 3” - Ms. Jesikah (5 Merits)</p> <p>2:15 Power House Parenting: “I Can Do It Myself” - Ms. Jesikah (4 Merits)</p>	<p style="text-align: center;">22. OPEN 9:30 – 4:30</p> 	<p style="text-align: center;">23.</p> <p>11:00 Comfort Measures ~4~ Labor: Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding: Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Life Skills: “Co-Parenting” - Mr. David (5 Merits)</p>
<p style="text-align: center;">27. Open 9:30-4:30</p> 	<p>12:00 Pregnancy 101: “Getting Ready - Nesting” 28. -Ms. Katherine (4 Merits)</p> <p>1:10 Parenting Life Skills Video: “Teething Time” - Ms. Katherine (5 Merits)</p> <p>2:15 Power House Parenting: “Toddler Play” - Ms. Katherine (4 Merits)</p> <p style="text-align: right;">HAPPY EASTER</p>	<p style="text-align: center;">29. OPEN 9:30 – 4:30</p> 	<p style="text-align: center;">30.</p> <p>11:00 Comfort Measures ~4~ Labor: Ms. Pam (4 Merits)</p> <p>12:00 Breast Feeding: Ms. Brenda - (4 Merits)</p> <p>1:10 Parenting Life Skills: “- Mr. David (5 Merits)</p>  