



**Attention**  
**\*\*\*To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes MUST be pregnant. To attend Breastfeeding class YOU must be breastfeeding or interested.**  
**NO EXCEPTIONS!**

MON	Tuesday	WED	Thursday
	 <p><b>Care Parenting Center</b>  <b>1205 South Pointe Parkway</b>  <b>Shreveport, LA 71105</b>  <b>318-861-3232</b></p>		
<p>2. <b>OPEN</b> 9:30 – 4:30</p>	<p>12:00 Pregnancy 101 – “At Risk Pregnancies” -Ms. Katherine (4 Merits)</p> <p>1:10 Parenting Life Skills: “Wake Up To Reality” Ms. Katherine (5 Merits)</p> <p>2:15 “Eating ~4~The Health of It” Nutrition &amp; Cooking Class Sponsor: LSU AG Center (6 Merits / 1 GWV)</p>	<p>4. <b>Open</b> 9:30-4:30 <b>Spanish Class</b> 11 -12</p>	<p>5. <b>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</b></p> <p><b>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</b></p> <p>1:10 Parenting <u>Video Series</u>: “There Is Hope” - Mr. David (5 – Merits)</p>
<p>9. <b>OPEN</b> 9:30 – 4:30</p>	<p>10. 12:00 Pregnancy 101 – “Shaken Baby Syndrome” -Ms. Jesikah (4 Merits)</p> <p>1:10 Parenting Life Skills: “Caution: Children Growing Up Here” Ms. Jesikah (5 Merits)</p> <p>2:15 “Eating ~4~The Health of It” Nutrition &amp; Cooking Class Sponsor: LSU AG Center (6 Merits / 1 GWV)</p>	<p>11. <b>Open</b> 9:30-4:30 <b>Spanish Class</b> 11 -12</p>	<p>12. <b>11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits)</b></p> <p><b>12:00 Breast Feeding - Ms. Brenda - (4 Merits)</b></p> <p>1:10 Parenting <u>Video Series</u>: “Stable Parent, Stable Home” - Mr. David (5 – Merits)</p>
<p>16. <b>OPEN</b> 9:30 – 4:30</p>	<p>17. 12:00 Pregnancy 101 – “What Is A Safe Pregnancy?” -Ms. Katherine (4 Merits)</p> <p>1:10 Parenting Life Skills: “Staying Connected” Ms. Katherine (5 Merits)</p> <p>2:15 “Eating ~4~The Health of It” Nutrition &amp; Cooking Class Sponsor: LSU AG Center (6 Merits / 1 GWV)</p>	<p>18. <b>Open</b> 9:30-4:30 <b>Spanish Class</b> 11 -12</p>	<p>Our Client’s Christmas Party is on, December 19<sup>th</sup> 11:00 – 1:00 p.m.</p> <p>You <b><u>MUST</u></b> Sign-up. You &amp; your child and <b><u>YOU MUST</u></b> be current to attend. No shows will be charged <u>25</u> merits <b>Last Day to Sign-up 12/17/2024</b></p>



**We will be closed**  
**December 23rd – January 1<sup>st</sup> 2025**  
**For:**  
**Christmas & The New Year’s Holidays**

