CARE Parenting Center

May 2021

*New Class **Special Class ***Event

***To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes MUST Be Pregnant.
To attend Breastfeeding Class MUST be Breastfeeding or Interested in Breastfeeding… NO EXCEPTIONS!

MON	Tuesday	WED	Thursday
3. OPEN 9:30 – 4:30	4. **12:00 Pregnancy 101 –** Ms. Penny (4 Merits) **1:10 Video Series: "Mommy Work"** – Ms. Jesikah (5 Merits) **2:15 Power House Parenting** – Ms. Teresa (4 Merits)	5. OPEN 9:30 – 4:30	6. **11:00 Comfort Measures ~4~ Labor** – Ms. Pam (4 Merits) **12:00 Breast Feeding -** Ms. Brenda (4 Merits) **1:10 Parenting Video Class – "Wake Up to Reality"** -Ms. Jesikah (5 Merits)
10. OPEN 9:30 – 4:30	11. **12:00 Pregnancy 101 –** Ms. Penny (4 Merits) **1:10 Video Series: "Being a Super Mom"** – Ms. Katherine (5 Merits) **2:15 Power House Parenting** – Ms. Teresa (4 Merits)	12. OPEN 9:30 – 4:30	13. **11:00 Comfort Measures ~4~ Labor** – Ms. Pam (4 Merits) **12:00 Breast Feeding -** Ms. Brenda (4 Merits) **1:10 – 2:30 "" (Nurse & Family Partnership "Child Safety and Choking Hazards")** **(5 Merits) + 1 GWV**
17. OPEN 9:30 – 4:30	18. **12:00 Pregnancy 101 –** Ms. Penny (4 Merits) **1:10 Video Series: "Car Seat Safety"** – Ms. Jesikah (5 Merits) **2:15 Power House Parenting** – Ms. Teresa (4 Merits)	19. OPEN 9:30 – 4:30	20. **11:00 Comfort Measures ~4~ Labor** – Ms. Pam (4 Merits) **12:00 Breast Feeding -** Ms. Brenda (4 Merits) **1:10 Parenting Video Class – "Children Growing up Here"** -Ms. Jesikah (5 Merits)
24. OPEN 9:30 – 4:30	25. **12:00 Pregnancy 101 –** Ms. Penny (4 Merits) **1:10 Video Series: "Infant & Child CPR"** – Ms. Kathrine (5 Merits) **2:15 Power House Parenting** – Ms. Teresa (4 Merits)	26. OPEN 9:30 – 4:30	27. **11:00 Comfort Measures ~4~ Labor** – Ms. Pam (4 Merits) **12:00 Breast Feeding -** Ms. Brenda (4 Merits) **1:10 Parenting Video Class – "Staying Connected"** -Ms. Katherine (5 Merits) **2:30 – 3:45 "Mother's Day Pampering" Grace Pointe Church)** **You MUST sign-up and You MUST Be Current to attend**
30. OPEN 9:30 – 4:30	31 We will be closed **MEMORIAL DAY** Monday, May 31st		Like Us On facebook **CARE Parenting Center** **1205 South Pointe Parkway** **Shreveport, LA 71105** **318-861-3232**