



Limited Classes
 ***To attend Comfort Measures 4 Labor ~or~ Pregnancy 101 Classes **MUST** be pregnant. To attend Breastfeeding class **YOU** must be breastfeeding or interested.
NO EXCEPTIONS!

MON	Tuesday	WED	Thursday
2. 	3. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:00 Night Life – Ms. Kaitlyn (5 Merits) + (1) GWV 2:15 Power House Parenting– Ms. Teresa (4 Merits)		5. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:15 Breast Feeding Series (Part 1) Total of 6-parts 1:25 Video Class – Ms. Katherine (5 Merits) 1 Pack of diapers & 1 GWV 2:30 Parents As Teachers Seminar Child Safety & Safe Sleep (5-Merits & 1-GWV) 
9. OPEN 9:30 – 4:30 	10. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:00 Night Life – Ms. Kaitlyn (5 Merits) + (1) GWV 2:15 Power House Parenting– Ms. Teresa (4 Merits)	11. 	12. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:15 Breast Feeding Series (Part 2) 1:25 Video Class – Ms. Heather (5 Merits) 1 Pack of diapers & 1 GWV
16. OPEN 9:30 – 4:30 	17. 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Family Series Life Skills Class: “What is Family?” (5-Merits) & A Certificate if you attend <u>‘both’</u> classes... 2:15 Power House Parenting– Ms. Teresa (4 Merits)	18. OPEN 9:30 – 4:30 	19. 11:00 Comfort Measures ~4~ Labor – Ms. Pam (4 Merits) 12:15 Breast Feeding Series (Part 3) 1:25 Video Class – Ms. Katherine (5 Merits) 1 Pack of diapers & 1 GWV
23. OPEN 9:30 – 4:30 	24. 1 12:00 Pregnancy 101 – Ms. Penny (4 Merits) 1:10 Family Series Life Skills Class: “Successful Family Living” (5 Merits) & A Certificate if you attend <u>“both”</u> classes... 2:15 Power House Parenting– Ms. Teresa (4 Merits)	25. 	26. 
30.. OPEN 9:30 – 4:30 	To Attend Classes 1. You MUST call and register for each class at least 3 days in advance. 2. Clients and infants MUST be symptom free and you will be scan for temperature when you first walk in. 3. All clients MUST wear a mask. 4. First call in first served due to limited space & social distancing. The Toddler room is still <u>not</u> open as of yet. Also, remember: when you register yourself, register your child for childcare. If you “No Show” for Special Events/Seminars/Workshops, you will be charged 10M		30.. OPEN 9:30 – 4:30  <div style="text-align: center;"> <p>Care Parenting Center 1205 South Pointe Parkway Shreveport, LA 71105 318-861-3232</p>  </div>